

Dear Parent/Carer

HEARTSTART

Basic Life Support Training for Parents/Carers



Thursday 7th June 2018

9.15 –midday **£5.00 donation to British Heart Foundation**

PSA ROOM

The Heartstart is a **basic first aid course** which teaches the elements needed to save a life in an emergency. **No written work or exam is necessary.**

Modules covered

- Why this course is so important
- Assessment of the injured person
- Recovery Position
- Adult cardio-pulmonary resuscitation
- Recognition and treatment of a heart attack
- Treatment of severe bleeding
- Management of adult choking
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A certificate of attendance only and booklet will be given on completion of the course it cannot be used as a Basic Life Support skills certificate for work purposes. **Please wear comfortable clothes/leggings. No crèche facilities are available.**

If you are interested please complete the slip below with £5. Places are **LIMITED** so please return your slip as soon as possible.

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FIRST AID TRAINING Thursday 7th June 2018 - £5 donation – please return slip with £5 to School Office.

Name Tel. no.

Childs name/s